

**Western Slope Winter League Championships**  
**February 18 – 19, 2012**  
**Grand Junction, CO**

**DATE:** February 18 - 19, 2012

**SANCTION:** Held under the sanction of USA Swimming, Inc 2012-003A

**LOCATION:** Colorado Mesa University, El Pomar Natatorium, Hamilton Recreation Center  
Corner of 12<sup>th</sup> St. and Orchard Ave., Grand Junction, CO (970) 248-1058

**FACILITIES:** 8 lane, 25 yard pool, limited continuous warm up and cool down area. Deck seating is available for swimmers and there is seating for 600 in balcony. No smoking or glass containers in building. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

**TIMING:** Colorado Timing System with touch pads and 8-lane display board will be used for all events. Back-up timing will consist of two buttons and one stopwatch. Hy-Tek Meet Manager 4.0 software will be used.

**FORMAT:** Timed finals. Positive check in for distance events: 500 Free, 400IM, 1650 Free.  
Fastest to slowest/ alternating girls-boys for all distance events.

**SCHEDULE:** Saturday

Session I: Warm-up: 10:00 AM; Session start at 11:15

Session II: After Session I, but no earlier than 1:30 PM. Meet will start 75 minutes following the start of warm-up.

Session III: Immediately following Session II. There will be a 10 minute warm-up before the start of the session.

Sunday

Session IV: Warm-up: 8:30 AM Start: 9:45 AM

Session V: After Session IV, but no earlier than 12:00 PM. Meet will start 75 minutes following the start of warm-up.

Session VI: Immediately following Session V. There will be a 10 minute warm-up before the start of the session.

*PM warm-ups and start times may be adjusted after all entries are received and the WSL meeting schedule is set. We reserve the right to combine sessions should the number warrant it.*

**ELIGIBILITY:** Open to all swimmers residing within Colorado Swimming Zone 4 boundaries, and holding a 2012 USA Swimming Membership card. Any swimmer that appears on the CSI exceptions report without registration must come to the meet prepared to show their card, and they will be deck registered before they can enter the water. An additional surcharge for deck registration of \$27.00 will be added to the registration fee. All participants must be dive certified for safety consideration or the swimmer will be required to start in the water from the edge.

**QUALIFYING TIMES:** There will be a qualifying time of 23:00.00 for the 1650 free, and 8:00.00 for the 500 freestyle. Courtesy time for the 400 IM will be 7:00.00. For all other events swimmers must have verifiable time for each event they swim. "No times (NT)" will not be accepted. Be prepared to show Proof of Times.

**SCORING:** Scoring will be given to 12 places as follows:

Individual: 16-13-12-11-10-9-7-5-4-3-2-1

Relays: 32-26-24-22-20-18-14-10-8-6-4-2

All events will be scored according to age groups and will count toward team point scores.

**AWARDS:** Medals will be awarded to 12 & under swimmers for places 1 through 3. Ribbons will be awarded to 12 & under swimmers for places 4 through 12. Ribbons will be awarded for the 1<sup>st</sup> through 3<sup>rd</sup> relay teams. 13 & over swimmers will receive a participation award. There will not be a high point awarded for this meet.

**RULES:**

The Mavericks will be providing limited hospitality. Colorado Mesa University has a limited concession venue that consists of sports drinks, water, energy bars, and smoothies.

Current 2012 USA Rules will govern the format of the meet. Individual scratch rule will be enforced. All events are timed finals.

Age as of February 18, 2012 will determine the swimmer's age group. Exhibition swimming will not be allowed.

Submit short course yard times only. The meet will be pre-seeded. Please provide scratches and relay declarations 45 minutes before each session.

400 IM swimmers will be required to provide 2 timers. 500 and 1650 Free swimmers will be required to provide a counter and 2 timers. The 1650 free has a qualifying time of 23:00.00, the 500 free has a qualifying time of 8:00.00 and a courtesy time of the 400 IM is 7:00.00. These events require positive check-in prior to the start of the meet, and will be swum fastest to slowest alternating girls than boys, with a combined heat possible at the discretion of the referee.

Athletes achieving Silver State championship or Colorado Short Course State Championship time standards during this meet must complete and submit the applicable forms and payment to the Clerk of Course by the end of Session V on Sunday, February 19, 2012 if planning to swim the event at the state meets.

Colorado Swimming, Inc. warm-up procedures will be observed.

102.8 Swimwear: Swimsuits worn for all defined competition shall not cover the neck; extend past the shoulder, nor past the knee. Swimsuits worn for competition must be nontransparent and conform to the current concept of the appropriate. The Referee shall have the authority to bar offenders from the competition until they comply with the rule.

The meet referee will have the final authority on all procedures regarding the conduct of the meet. The referee may combine individual events by age, sex, and/or distance. All coaches and uniformed officials must display their USA/CSI cards when on deck. Current certification is mandatory. Coaches who are in noncompliance will not be allowed on deck.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Pool depth: Start end: 7 feet – 2.1336 meters Turn end: 7 feet – 2.1336 meters

The use of cell phones or any cameras are prohibited in the locker rooms.

Colorado Swimming, Inc. does not support, recommend, endorse or take responsibility for the sale or marketing of any dietary supplements. It is the swimmers' responsibility to know the contents of any food or drink he/she ingests. For more specific information on supplements, please refer to the drug information on the USA Swimming website at [www.usaswimming.org](http://www.usaswimming.org).

On deck changing is not allowed.

**ENTRIES:**

All swimmers may swim 3 individual events and 1 relay per day.

**ENTRY FEES:**

Individual Events: \$2.50

Relay Events: \$5.00

Pool Surcharge: \$7.50

Make checks payable to Maverick Aquatics.  
(All swimmers' fees, except for the pool surcharge, go toward Zone 4.)

#### **ENTRY PROCEDURE:**

**E-mail entries are preferred.** Times for all events should be in short course yards. A current Colorado Swimming Meet Verification Form must accompany all entries.

Email Entries: Email entries to **Cami Kidd at [camikidd@gmail.com](mailto:camikidd@gmail.com)**.

When you email the entries, also attach a Word or .pdf document of the Hy-Tek Meet Entry Report by swimmer. If you don't receive an email confirmation your entries were not received. Confirmed e-mailed entries will not need to send the diskette or Entry Reports.

Mail Entries: Please send Team Manager report of meet entries by swimmer, along with the diskette/CD, fee report, Meet Verification Form and Payment to Cami Kidd, 2515 Snowmass Ct., Grand Junction, CO 81507.

Entry reports and Psyche sheets will be posted on the Maverick Aquatics website, [www.maverickaquatics.com](http://www.maverickaquatics.com), and the Western Slope League site, [www.westernslopeleague.org](http://www.westernslopeleague.org) by 5:00 p.m. Monday, February 13, 2012. Any corrections must be submitted by Tuesday at noon.

#### **ENTRY DEADLINE:**

Entries must be delivered via email by **6:00 p.m., Saturday, February 11, 2012.**

#### **DECK ENTRIES:**

The meet will be pre-seeded and deck entries will be accepted only for open lanes. No new heats will be created. You may deck enter beginning at the start of each session's warm-ups. Deck entries will close 45 minutes before the start of each session.

The deck entry fee is \$5.00 per event. Relay deck entry fees are \$10.00 per relay. Swimmers not previously entered in the meet must present their USA swimming registration card at Clerk of Course to be able to deck enter.

**PROGRAMS & CONCESSIONS:** There will be no programs at the meet. Heat sheets will be posted on the Maverick webpage, [www.maverickaquatics.com](http://www.maverickaquatics.com), and the Western Slope League site, [www.westernslopeleague.org](http://www.westernslopeleague.org), by Thursday, February 16, 2012.

**MEET DUTIES:** The logistics of operating the WSL meet requires a group effort. Each team will play a part in lane timing and will be asked to assist in other areas. Team assignments will be determined after entries are received and will be sent to team contacts via email and posted on [www.westernslopeleague.org](http://www.westernslopeleague.org).

**RESULTS:** Results (full team manager backup) will be emailed within 5 days to teams entered in the meet. If time and equipment permit, results may be available at the end of the meet. No paper copies of results will be generated unless requested by a coach.

**COACHES:** There will be a short coaches meeting immediately before the start of Session I. No other coaches meeting will take place unless a situation arises that would require one.

**REFEREE:** Steve Winslow  
[cindysperling@gmail.com](mailto:cindysperling@gmail.com)

**MEET DIRECTOR:** Deanna Colaizzi  
970-261-7602  
[laizyco2@bresnan.net](mailto:laizyco2@bresnan.net)

**SAFETY DIRECTOR:** Deanna Colaizzi  
970-261-7602  
[laizyco2@bresnan.net](mailto:laizyco2@bresnan.net)

**ENTRY CHAIR:**

Cami Kidd  
970-589-4663  
2515 Snowmass Ct.  
Grand Junction, CO 81507  
[camikidd@gmail.com](mailto:camikidd@gmail.com)

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**Schedule of Events**

<b>Session 1 - Saturday AM</b>		
<b>Warm up 10:00 a.m.; Session start 11:15 a.m.</b>		
<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	10 & Under 100 Free Relay	2
3	10 & Under 100 IM	4
5	10 & Under 100 Back	6
7	8 & Under 25 Fly	8
9	10 & Under 50 Fly	10
11	8 & Under 25 Back	12
13	10 & Under 50 Back	14
15	10 & Under 200 Free	16
17	10 & Under 100 Breast	18

<b>Session 4 - Sunday AM</b>		
<b>Warm up 8:30 a.m.; Session start 9:45 a.m.</b>		
<b>Girls</b>	<b>Event</b>	<b>Boys</b>
37	10 & Under 100 Medley Relay	38
39	10 & Under 100 Free	40
41	8 & Under 25 Breast	42
43	10 & Under 50 Breast	44
45	10 & Under 100 Fly	46
47	8 & Under 25 Free	48
49	10 & Under 50 Free	50
51	10 & Under 200 IM	52

<b>Session 2 - Saturday PM</b>		
<b>Warm-ups start immediately following Session 1 but not before 1:30pm; Session starts 90 minutes following start of warm-ups.</b>		
<b>Girls</b>	<b>Event</b>	<b>Boys</b>
19	Open 200 Medley Relay	20
21	11-12 50 Fly	22
23	Open 200 Fly	24
25	Open 100 Free	26
27	Open 200 IM	28
29	Open 100 Breast	30
31	11-12 50 Back	32
33	Open 200 Back	34

<b>Session 5 - Sunday PM</b>		
<b>Warm-ups start immediately following Session 3 but not before 12:00pm; Session starts 90 minutes following start of warm-ups.</b>		
<b>Girls</b>	<b>Event</b>	<b>Boys</b>
53	Open 200 Free Relay	54
55	11-12 100 IM	56
57	Open 400 IM	58
59	Open 50 Free	60
61	Open 100 Back	62
63	11-12 50 Breast	64
65	Open 200 Breast	66
67	Open 100 Fly	68
69	Open 200 Free	70

<b>Session 3 - Saturday PM</b>		
<b>This session immediately follows Session 3. The session will start after a 10 minute warm-up.</b>		
<b>Girls</b>	<b>Event</b>	<b>Boys</b>
35	Open 500 Free	36

<b>Session 6 - Sunday PM</b>		
<b>This session immediately follows Session V. The session will start after a 10 minute warm-up.</b>		
<b>Girls</b>	<b>Event</b>	<b>Boys</b>
71	Open 1650 Freestyle	72

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