

Colorado State Age Group Championships - (SC)

(Lower Division 10&U/11-12/13-14)

- DATE:** March 2, 3, & 4, 2012
- SANCTION:** Held under sanction of Colorado Swimming, Inc. of USA Swimming # 2012-025
- LOCATION:** **EPIC Pool** -Hosted by Fort Collins Area Swim Team
1801 Riverside Ave, Fort Collins, CO
Located at Edora Park off Prospect Ave, between I-25 and Lemay Ave,
- FACILITIES:** Indoor, ten lane, 50 meter pool with two movable bulkheads set at 25 yards, with non-turbulent lane lines. Water depth 4'2" at the turn end and 12' at the dive end. Continuous warm-up/cool-down. The competition course has been certified in accordance with 104.2.2C (4). A copy of such certification is on file with USA Swimming. EPIC now has free wireless in the natatorium and lobby area; enjoy internet access during the meet.
- TIMING:** Colorado Electronic Timing System with touch-pads. Each lane will have backup timers.
- SCHEDULE:**
- | | | |
|-----------------------|--|------------------------------------|
| <u>Preliminaries:</u> | General Warm-up: 7:00 - 8:00 a.m. | Specific Warm-up: 8:00 - 8:20 a.m. |
| | Meet Start: 8:30 a.m. | |
| <u>Finals:</u> | 10 & Under General Warm-up: 3:15-3:40 pm | |
| | ONE-WAY STARTS: 3:40-3:45 | |
| | 11 & Over General Warm-up: 3:45-4:10 pm | Specific Warm-Up: 4:10-4:20 pm |
| | Meet Start: 4:30 pm | |

Access to the pool & seating area opens at 6:30 am

Only swimmers swimming the meet, registered coaches with current certification, working officials, and volunteers' are allowed on deck. Parents and spectators please remain in the stands or lobby area.

- ELIGIBILITY:** All athletes *must* hold a 2012 USA Swimming membership card issued by Colorado Swimming, Inc. Swimmers who are within the 120-day transfer rule must swim UNATTACHED. No deck registrations allowed. The meet will also be open to CSI physically impaired athletes with 2011 US Paralympics Swimming Trials qualifying times. Exception report will be posted on the CSI web page after the entry deadline at www.coloradoswimming.org

At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any swimmer with out a coach must report to the Meet Director or Meet Referee to make arrangements for such supervision. Swimmer's entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmers legal guardian to ensure compliance with this requirement.

- SCORING:** Short Course State Championships will score 20 places.
- | | |
|-------------|---|
| Individual: | 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1 |
| Relays: | 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2 |
- AWARDS:**
- | | | | | |
|-------------|--------|------|---------|-------|
| Individual: | Medals | 1-10 | Ribbons | 11-20 |
| Relays: | Medals | 1-3 | Ribbons | 4-10 |

- HIGH POINT AWARD:** Top male & female in each age group.

- TEAM AWARDS:** Top 6 teams.

SEEDING PROCEDURE & SCRATCH RULES:

Scratch procedures will be enforced as per 207.11.6 in the USA Swimming Rules and Regulations. All scratches for the first day must e-mailed by 2:00 p.m. March 1st to the entry chairman, LSeckinger@aol.com. The scratch deadline for all subsequent days shall be thirty minutes after the published starting time of the final session of each day's events. Please review **207.11.6D**, as penalties will apply to swimmers who fail to compete in a preliminary event of which they did not scratch. Swimmers qualifying to swim in finals must declare their intent to scratch within 30 minutes of the posting of results - to the administrative referee. The final decision to scratch a finals event must be declared to the administrative referee within 30 minutes after their last individual preliminary event.

A swimmer not reporting to a final event, in which the results were posted for his/her swim, will be barred from further competition in the meet PLUS a \$50.00 fee will be assessed to swimmers not in compliance with the scratch rule. "Scratch rule for consolation finals and finals shall be in accordance with Section 207.11.6 D.1."

RULES:

1. Current 2012 USA Swimming Rules & Regulations will govern the meet.
2. Age as of the first day of the meet will determine the swimmer's age group for competition. March 2, 2012.
3. **The MEET REFEREE will have the final authority on all swimming procedures of the meet.**
4. **Submit entry times according to the time swam – DO NOT SUBMIT CONVERTED TIMES. Example: If the time was swum in long course meters submit the long course time. Non conforming times will be seeded last according to USA Swimming Rules and Regulations # 207.11.7B**
5. No exhibition swimming is allowed.
6. Times must have been achieved between March 4, 2011 and February 21, 2012. **EXCEPTION:** Only those swimmers achieving a qualifying time at the Silver State meet the weekend after the deadline.
7. All prelim/final events will be contested in prelims and finals, even if there are fewer swimmers than are being brought back to finals. Events in finals will be swum with a minimum of 10 minutes between swims. Events will swim 10 in consolations and 10 in finals. All Timed Final Events will be seeded into 10 lanes.
8. **RELAYS-** All swimmers must be listed on the master sheet to be eligible to compete on a relay team. Declaration of the relay must include; (1) First and Last Names, (2) Ages, (3) Order declared, (4) Alternate Swimmers and (5) USA Swimming ID's. Relays will be swum as published in the program; no re-seeding will be done.
Any Relays that are not declared will be scratched from the next days events. The order of swimmers declared may be changed at any time prior to the start of the heat.
 - **12&U and 14&U RELAYS MUST BE DECLARED 30 MINUTES AFTER THE START OF FINALS ON THE PREVIOUS DAY**
 - **10 & Under relays must be declared by 10 am on the day of the event.**
 - All 10 & under relays will swim in the finals session.
 - Relays not meeting the qualifying time will not score points or receive awards.
 - A maximum of two (2) relay teams per club per event will be permitted. No unattached swimmers on any relay or unattached relays. N.T. or "blank spaces" will be deemed an incorrect entry and will not be accepted. No money will be refunded to teams for an incorrect entry.
9. It is mandatory that all finals and consolation final swimmers check in at the Clerk of Course ready area at the announced time or two events prior to their event.
10. The USA Swimming National Start will be used. Please refer to 101.1.2
11. Colorado Swimming, Inc. procedures for warm-up will be observed.
12. Participating teams will be assigned lanes for timing and are expected to provide timer(s) for the duration of the assignment.

13. All swimwear must conform to USA Swimming Rule and Regulations article 102.8 effective October 1, 2009. If you have any question on older suits check the FINA Approved swim suit list.

14. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. On-deck changing is not allowed.

DISTANCE EVENTS:

1. The 1650 Free will require a positive check in. The swimmer or his/her coach must check in at the clerk of course within 30 minutes after the start of finals the night before the event will be contested. The 1650 freestyle will swim fastest to slowest alternating girls and boys. The fastest heat of girls and the fastest heat of boys will swim in the finals.

2. 1650 SWIMMERS MUST PROVIDE THEIR OWN TIMERS (2) AND COUNTER. 500 SWIMMERS MUST PROVIDE A COUNTER.

3. 12&Under events (200 Back, 200 Breast, 200 Fly, & 400 I M) will swim as a timed final in prelims.

COACHES/OFFICIALS:

The general meeting will be held 20 minutes before the start of warm-ups on the first day of competition.

A mandatory Officials meeting will be held at the **START** of warm-up for each session, each day of the meet. No trainees will be allowed on deck for this meet.

All coaches and uniformed officials MUST display their USA Swimming/CSI cards when on deck. Current certification is mandatory. Coaches/Officials in non-compliance will not be allowed on deck.

ENTRIES:

Swimmers may enter up to five (5) individual events per day, but must scratch down to and swim a maximum of three (3) individual events per day, a maximum of 7 total events for the meet. Swimmers may enter and swim one (1) relay event each day. **Swimmers must pay for all events entered after the entry deadline no refunds for changes or scratched events.**

Teams may enter two (2) relays per event.

ENTRY FEES:

\$10.00 for each relay event.

\$5.00 for each individual event. (\$1.00 of each individual event will go to the CSI Support Fund)

Pool Surcharge: \$7.00 per swimmer (Includes all swimmers listed on the master sheet for relays).

Make one check payable to: COLORADO SWIMMING, INC.

Any outstanding fees and/or past due fees owed to Colorado Swimming must be paid in full in order to participate in the meet.

ENTRY PROCEDURES:

Entries may be sent using Hy-Tek Team Manager File and/or Team Unify Export. Relay only swimmers must also be listed on the master sheets. Please include a hard copy printout of the team entry report and team roster report.

CSI MEET VERIFICATION FORMS & SIGNED CHECKLIST MUST ACCOMPANY ENTRIES.

ENTRY DEADLINE:

The entry chairman must receive **all** entries no later than 6:00 pm on **February 22, 2012**. Hand delivered or mailed entries with checks and hard copies must be received by the entry deadline. Teams sending entries by email may send their hard copies and checks to arrive by 6:00 pm February 25th.

Overnight mail or guaranteed next day delivery is acceptable if agent guarantees next day delivery to satisfy meet deadline.

A Psych Sheet of the entries will be posted by February 24th on the Colorado Swimming web page at <http://www.coloradoswimming.org>. The team coach and/or entry chairperson must make corrections with the entry chairman by Feb 26th.

SILVER STATE EXCEPTION:

Swimmers achieving a qualifying time at Silver State may enter that event. This is only for those swimmers that had not previously qualified in that event. No previous times will be adjusted. Qualifications made at the Silver State Meet must be entered and paid for at Silver State by Cash or check.

Corrections should be made as follows:

Entry corrections & Proof of time correction should be sent to:

Linda Seckinger LSeckinger@aol.com

Registration corrections should be sent to:

Janet Kralik j.kralik@comcast.net

ENTRY CHAIRMAN

Linda Seckinger
5 Cherry Ave
Eaton, CO 80615
lseckinger@aol.com
970-454-3697

MEET REFEREE:

Alice Coffman
arcoffman@comcast.net

970-396-9331 Questions regarding the conduct of this meet should be directed to the meet referee.

ADMINISTRATIVE REFEREE:

Linda Seckinger

MEET DIRECTOR:

Krista Nero
970-402-4984
nerolandscape@mesanetworks.net

SAFETY CHAIRMAN:

Bonnie Huey

SAFETY ISSUES:

The conduct of warm-up and competition will adhere to Colorado Swimming, Inc. policies and procedures.

- All coaches, officials, parents and swimmers should act in a manner to reduce the risk of any accidents.
- Coaches are to monitor their swimmers during warm-up/meet and are responsible for their safety.
- No forward dives or backstroke starts into the water during warm-up unless there is one-way swimming & starts with coach supervision.
- All athletes, parents, spectators, coaches and officials are reminded that the swimming venue may have areas where additional care needs to be observed. This includes and is not limited to slippery deck, bleachers and hallways. Proper footwear and caution "may" help reduce these risks. Colorado swimming will not be held responsible for injuries incurred by athletes, parents, spectators, coaches and officials.
- No running or horseplay is allowed and it is the responsibility of the swimmer, coach, officials and parents to monitor these activities.
- Care should be given not to park in either handicapped or fire lanes as vehicles may be towed at the owner's expense.

HEAT SHEETS AND RESULTS:

Programs will be available for \$10.00 Heat sheets will be sold individually at each session for \$2.00 each. Heat sheets and the final results will be provided for teams entered in the meet.

NO SMOKING ON THE POOL DECK, IN THE BUILDING, OR ANY AREA FREQUENTED BY SWIMMERS.

Any damage to pool property will be grounds for dismissal from the remainder of the meet and the offenders will be held liable to the fullest extent, which the law allows.

MOTELS: Marriot Properties are preferred.

- Courtyard by Marriott Ft Collins (970) 282-1700 1200 Oak Ridge Dr
- Holiday Inn Express Hotel & Suites Ft Collins (970) 225-2200 1426 Oak Ridge Dr
- Hampton Inn Ft Collins (970) 229-5927 1620 Oak Ridge Dr
- Comfort Suites Fort Collins (970) 206-4597 1415 Oak Ridge Dr
- Comfort Inn (970) 407-0100 601 SW Frontage Rd
- Homewood Suites Fort Collins (970) 225-2400 1521 Oak Ridge Dr
- Quality Inn and Suites Ft Collins (970) 282-9047 4001 S Mason St
- Hilton Garden Inn (970) 225-2900 2821 E Harmony Rd
- Hilton (970) 482-2626 425 W Prospect Rd

2012 COLORADO SWIMMING AGE GROUP CHAMPIONSHIP EVENTS

**Saturday's Events
Prelims**

**Warm-up 7:00 am
Women**

**Start 8:30 am
Men**

	LCM	SCM	SCY	EVENT	LCM	SCM	SCY	
27 TFP	2:37.49	2:32.59	2:17.19	12-U 200 Med Relay	2:43.59	2:40.49	2:23.59	28 TFP
29 TFP	5:19.69	5:13.29	4:42.29	14-U 400 Med Relay	5:18.99	5:12.99	4:42.49	30 TFP
33 TFP	6:15.69	6:09.29	5:32.69	12-U 400 I.M.	6:33.69	6:27.29	5:48.89	34 TFP
35	5:47.79	5:41.39	5:07.59	13-14 400 I.M.	5:47.69	5:41.29	5:07.49	36
37	2:34.29	2:31.09	2:16.09	11-12 200 Free	2:38.19	2:34.99	2:19.59	38
39	:30.39	:29.59	:26.69	13-14 50 Free	:29.39	:28.59	:25.79	40
43	1:32.69	1:30.69	1:21.69	11-12 100 Breast	1:37.29	1:35.29	1:25.79	44
45	3:04.49	3:00.49	2:42.59	13-14 200 Breast	3:05.79	3:01.79	2:43.79	46
49	:37.29	:36.69	:33.09	11-12 50 Back	:38.69	:38.09	:34.39	50
51	1:14.59	1:13.39	1:06.09	13-14 100 Back	1:13.39	1:12.19	1:05.09	52
55	1:10.29	1:08.69	1:01.89	11-12 100 Free	1:12.19	1:10.59	1:03.59	56
57	2:22.69	2:19.49	2:05.59	13-14 200 Free	2:20.09	2:16.89	2:03.29	58
59 TFP	3:11.49	3:08.69	2:49.99	12-U 200 Fly	3:16.69	3:13.89	2:54.69	60 TFP

**Saturday's Events
Finals & 10-U Timed Finals**

**Warm-up 10&U 3:15 11&O 3:45pm
Women**

**Start 4:30 pm
Men**

	LCM	SCM	SCY	EVENT	LCM	SCM	SCY	
31 TF	2:58.89	2:56.89	2:38.69	10-U 200 Med Relay	3:09.79	3:07.29	2:48.59	32 TF
35				13-14 400 I.M.				36
37				11-12 200 Free				38
39				13-14 50 Free				40
41 TF	1:46.79	1:44.79	1:34.39	10-U 100 Breast	1:51.09	1:49.09	1:38.29	42 TF
43				11-12 100 Breast				44
45				13-14 200 Breast				46
47 TF	:42.29	:41.69	:37.59	10-U 50 Back	:43.49	:42.89	:38.59	48 TF
49				11-12 50 Back				50
51				13-14 100 Back				52
53 TF	2:58.69	2:55.49	2:38.09	10-U 200 Free	3:01.79	2:58.59	2:40.89	54 TF
55				11-12 100 Free				56
57				13-14 200 Free				58

TFP = TIMED FINALS IN PRELIMS

TF = TIMED FINALS IN FINALS

2011 COLORADO SWIMMING AGE GROUP CHAMPIONSHIP EVENTS

Warm-up 7:00 am
Sunday's Events
Start 8:30 am
Women
Prelims
Men

	LCM	SCM	SCY	EVENT	LCM	SCM	SCY	
61 TFP	2:14.09	2:10.89	1:58.09	12-U 200 Free Relay	2:19.29	2:15.99	2:01.99	62 TFP
63 TFP	4:36.89	4:30.49	4:01.99	14-U 400 Free Relay	4:32.49	4:24.99	3:59.99	64 TFP
69		1:19.39	1:11.59	11-12 100 I.M.		1:21.99	1:13.89	70
73	2:40.69	2:38.29	2:22.69	13-14 200 Back	2:39.29	2:36.89	2:21.39	74
75	1:20.39	1:19.19	1:11.39	11-12 100 Back	1:23.49	1:22.29	1:14.09	76
79	1:05.89	1:04.29	:57.89	13-14 100 Free	1:03.79	1:02.19	:55.99	80
81	:32.29	:31.49	:28.39	11-12 50 Free	:32.89	:32.09	:28.89	82
85	2:52.49	2:49.69	2:32.79	13-14 200 Fly	2:58.79	2:55.99	2:38.59	86
87	1:21.69	1:20.29	1:12.39	11-12 100 Fly	1:26.59	1:25.19	1:16.79	88
				5 min break				
89 TFP	3:21.69	3:17.69	2:58.09	12-U 200 Breast	3:35.99	3:31.99	3:10.99	90 TFP
91* TFP	20:49.09	20:25.09	20:12.89	*14-U 1650 Free	20:49.09	20:25.09	20:12.79	92* TFP

Warm-up 10-U 3:15 11&O 3:45 pm
Sunday's Events
Start 4:30 pm
Women
Finals & 10-U Timed Finals
Men

	LCM	SCM	SCY	EVENT	LCM	SCM	SCY	
65 TF	2:31.99	2:29.99	2:14.09	10-U 200 Free Relay	2:35.99	2:33.99	2:19.99	66 TF
91* TFP				*14-U 1650 Free				92* TFP
67 TF		1:30.69	1:21.69	10-U 100 I.M.		1:34.29	1:24.99	68 TF
69				11-12 100 I.M.				70
71 TF	1:30.19	1:28.99	1:20.19	10-U 100 Back	1:32.99	1:31.79	1:22.69	72 TF
73				13-14 200 Back				74
75				11-12 100 Back				76
77 TF	:36.49	:35.69	:32.19	10-U 50 Free	:36.89	:36.09	:32.49	78 TF
79				13-14 100 Free				80
81				11-12 50 Free				82
83 TF	1:41.09	1:39.69	1:29.89	10-U 100 Fly	1:48.09	1:46.99	1:36.09	84 TF
85				13-14 200 Fly				86
87				11-12 100 Fly				88

* TFP = FASTEST HEAT OF MENS AND FASTEST HEAT OF WOMENS SWIM IN FINALS.

TFP = TIMED FINALS IN PRELIMS

TF = TIMED FINALS IN FINALS

CHECK LIST FOR THE COLORADO AGE GROUP CHAMPIONSHIP MEET

This checklist is to hopefully help clubs with their entries. Have someone on your team double check for accuracy. This checklist must be signed by the coach and returned with the entries.

- _____ 1. All entries have been checked for accuracy. Swimmers name, team, USA Swimming number, time, age and event numbers are correct.
- _____ 2. All relay swimmers names are listed on the master entry sheet.
- _____ 3. All times are submitted according to the time swam;
NO CONVERSIONS.
- _____ 4. Entry fees have been sent with entries and checked for accuracy.
- _____ 5. The CSI Meet Verification Form has been sent with the entries.
- _____ 6. The coaches' name and a phone number where he/she may be reached is included with the entries.

Coaches signature

Date

Coaches name

Phone number

E-Mail

COLORADO SWIMMING, INC MEET VERIFICATION FORM

Club Name _____ Club Code _____

Coaches Name _____ Phone # _____

E-mail address _____



I hereby certify that all swimmers and coaches listed on the CSI Master Entry Sheet or hard copy with disk/email entries for _____

(Name of Meet)

to be held on _____ are current registered

(Date)

members of Colorado Swimming/USA Swimming. All USA numbers are listed correctly and unless otherwise noted are not required to swim unattached due to the 120 day transfer rule.

Signature _____ Date _____

(Signature may not be photocopied)

Article 302.4 of the USA Swimming Rules and Regulations

False Registration – An LSC may impose a fine of up to \$100.00 per event against a member coach or a member club representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

