

# Colorado Senior Meet

**DATE:** February 24, 25, & 26, 2012

**SANCTION:** Held under approval of USA Swimming #2012-002A  
Time Trial #2012-003A

**LOCATION:** University of Denver, Coors Fitness Center  
I-25 and University Blvd., 2201 E. Asbury, Denver, CO 80208

**FACILITIES:** Elevation 5320 ft; Seventeen lane 25 yard by eight lane 50-meter indoor pool. Dependent upon number of entrants, the meet may run in a one 10 lane, 25 yard course, with depth ranging from 7-13 ft at start end, 7 ft depth at turn end or in two courses. Course A=8 lane, 25 yard, with depth ranging from 7-13 ft at start end and 7 ft depth at turn end. Course B= maybe 5, 6, or 7 x 25 yard, with depth ranging from 5-6 ft at start end, and 5-6 ft depth at turn end. Continuous warm-up/down lanes will be available in both circumstances. The competition course has been certified in accordance with 104.2.2C (4).

On Sunday, competition will be conducted in a 7 lane LCM course, with no buffer lane, and one lane available for warm-up/down.

**TIMING:** Colorado Timing System with touch pads and display board.

**SCHEDULE:** **Friday and Saturday**  
***General Warm-up: 1:00 - 1:30 pm, Specific Warm-Up 1:30-1:50pm. Meet Start: 2 pm***  
**Sunday (Tentative Start Time- Due to pool conversion to LC start time may be adjusted)**  
***General Warm-up: 2:00-2:30 pm, Specific Warm-Up 2:30-2:50pm. Meet Start: 3 pm***

**ELIGIBILITY:** NCAA Collegiate athletes may swim without USA registration. All other athletes **must** hold a 2012 USA Swimming membership card. Swimmers who are within the 120-day transfer rule must swim UNATTACHED. No deck registrations will be taken.

**AWARDS:** Meet will be awarded for SCY events 1-26. Individual: Medals 1-8, Ribbons 9-16.  
No Awards for LCM events 27-50.

## **SEEDING PROCEDURE & SCRATCH RULES:**

With the exception of the 400 IM, 500 Free, 800 Free, and 1650 Free the meet shall be pre-seeded. Swimmers must report to the assigned heat and lane if they intend to swim the event.

This is a qualifying meet. Times must have been achieved after January 1, 2011.

- RULES:**
1. Current 2012 USA Swimming Rules & Regulations will govern the meet.
  2. Age as of the first day of the meet, February 24, 2012 will determine age of competition.
  3. The MEET REFEREE will have the final authority on all swimming procedures of the meet.
  4. No exhibition swimming is allowed.
  5. All events are timed final events. All entries must be legible with name of swimmer, event and description with the entry time. A "blank space" or NT will not be accepted. No refunds will be given for incorrect entries.
  6. Colorado Swimming, Inc. procedures for warm-up will be observed.
  7. The USA Swimming National Start will be used. Please refer to 101.1.2B.

8. All coaches and uniformed officials must display their USA Swimming /CSI cards when on deck. Current certification is mandatory. **Coaches/Officials in non-compliance will not be allowed on deck.**

9. Participating teams will be assigned lanes for timing and are expected to provide the timer(s) for the duration of the assignment.

10. All swimwear must conform to USA Swimming Rule and Regulations article 102.8 effective October 1, 2009. If you have any question on older suits check the 2011 FINA Approved swim suit list.

11. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. On-deck changing is not allowed. No on deck photography from behind the starting platforms.

#### **DISTANCE EVENTS:**

1. The distance events 400 IM/500 Free/1650 Free and 800 Free will be deck seeded by positive check-in on the day the event will be swum. Check-in will close 30 minutes after the start of the session on the day of the event. The 1650/800 freestyle will be swum fastest to slowest alternating women and men.

2. 500/1650 SWIMMERS MUST PROVIDE THEIR OWN TIMERS (2) AND COUNTER. 400 IM SWIMMERS MUST PROVIDE THEIR OWN TIMER.

#### **TIME TRIALS:**

Time trials will be held at the end of each session, swimmers planning to swim a time trial event must sign up 60 minutes before the start of the time trial session. The cost is \$10.00 per event and if not entered into the Senior Meet, athlete will need to pay the pool surcharge fee and provide proof of registration. Time trial events will count as one of the three events per day limit. Time trials will follow the same rules as the Senior Meet. **To compete in the Sunday LCM Time Trial, athletes MUST be qualified for and entered in the LCM competition.**

**ENTRIES:** Swimmers may enter up to three (3) individual events per day (with a maximum of 7 events for the meet).

**ENTRY FEES:** \$5.00 for each individual event. Pool Surcharge: \$ 5.00 per swimmer  
\$1.00 of each individual event will go to the Senior Circuit Travel Fund  
See athlete re-imburement form for funding guidelines.

**Make one check payable to: COLORADO SWIMMING, INC.**

#### **ENTRY PROCEDURES:**

1. Preferred method of entry:

Entries may be sent using Hy-Tek Team Manager File and/or Team Unify Export. Relay only swimmers must also be listed on the master sheets. Please include a hard copy printout of the team entry report and team roster report.

2. **Please submit separate entry files for SCY and LCM sessions. Both templates will be posted at [www.coloradoswimming.org](http://www.coloradoswimming.org)**

3. IF YOU DO **NOT** USE the preferred method of entry, all entries must be on a master entry sheets. These sheets must include the swimmer's name, age, correct USA#, approved team code, event #, and entry time. A separate master sheet for EACH age group and sex is required with swimmers listed alphabetically. These sheets are to be sent to the Entry Chairman, as listed below.

All entries must include preparer's name, phone number; coach's name, phone number, and address for results. All entries must be sent to entry chairman, do not send to the pool.

**CSI MEET VERIFICATION FORMS MUST ACCOMPANY ENTRIES ALONG WITH A SIGNED CHECK LIST**

## ENTRY DEADLINE:

The entry chairman must receive all entries no later than 6:00 pm on Tuesday **February 14, 2012 at 6pm**. Hand delivered or mailed entries with checks and hard copies must be received by the entry deadline. Teams sending entries by email may send their hard copies and checks to arrive by 6:00 pm February 24<sup>th</sup>.

Overnight mail or guaranteed next day delivery is acceptable if agent guarantees next day delivery to satisfy meet deadline.

## NO LATE ENTRIES ACCEPTED AFTER ENTRY DEADLINE. NO DECK ENTRIES.

## LAST CHANCE ENTRY EXCEPTIONS:

Entries from times achieved at Last Chance Meets held the weekend prior to the meet. Approved Last Chance meets are: Northern CO League Meet, Western Slope League Meet, Loveland Sweetheart Meet, CMA Last Chance Meet, and North Jeffco Last Chance. This is only for swimmers who have not previously qualified in that event. No previous times will be adjusted.

- **Last Chance Entry procedure:** New qualifications and payment must be submitted to the meet director at the last chance meets. The Meet director will then forward all last chance qualifications to the Silver State meet entry chair. **Entries will not be accepted from individuals or teams, only from last chance host.**

## Corrections should be made as follows:

Entry corrections should be sent the entry chair:

Registration corrections should be sent to:

Shawn Smith [shawn.smith@du.edu](mailto:shawn.smith@du.edu)

Janet Kralik [j.kralik@comcast.net](mailto:j.kralik@comcast.net)

## ENTRY CHAIRMAN:

**DU Dept of Recreation: Aquatics Room 1923**

c/o Shawn Smith

2201 E Asbury

Denver, CO 80208

[shawn.smith@du.edu](mailto:shawn.smith@du.edu)

303-871-3135

## SAFETY CHAIRMAN:

Carin Orr

## MEET DIRECTORS:

Janet Burkhardt

303-871-3135

MEET REFEREE: Frank Rodriguez

720-371-6752 [ffrodriguez@msn.com](mailto:ffrodriguez@msn.com)

Any questions regarding the conduct of this meet should be directed to the meet referee.

## SAFETY ISSUES:

The conduct of warm-up and competition will adhere to Colorado Swimming, Inc. policies and procedures.

- All coaches, officials, parents and swimmers should act in a manner to reduce the risk of any accidents.
- Coaches are to monitor their swimmers during warm-up/meet and are responsible for their safety.
- No forward dives or backstroke starts into the water during warm-up unless there is one-way swimming & starts with coach supervision.
- All athletes, parents, spectators, coaches and officials are reminded that the swimming venue may have areas where additional care needs to be observed. This includes and is not limited to slippery deck, bleachers and hallways. Proper footwear and caution "may" help reduce these risks.
- No running or horseplay is allowed and it is the responsibility of the swimmer, coach, officials and parents to monitor these activities.
- Care should be given not to park in either handicapped or fire lanes as vehicles may be towed at the owner's expense.

## PROGRAMS AND RESULTS:

Programs will be available for \$5.00 meet program/heat sheet and the final results will be provided for teams entered in the meet. Results will be sent back to the clubs via email and posted on the web site.

## SPECIAL INFORMATION:

**NO SMOKING ON UNIVERSITY OF DENVER PROPERTY. NO ALCOHOL IN THE POOL AREA.**

Any damage to pool property will be grounds for dismissal from the remainder of the meet and the offenders will be held liable to the fullest extent, which the law allows.

**SPECTATOR SEATING:**

*The pool bleachers are a viewing area only. There will be specific areas designated for extended seating. Spectator seating details will be posted with psych sheets, and timer assignments at [www.coloradoswimming.org](http://www.coloradoswimming.org) This policy is created to allow all spectators the opportunity to watch their children compete.*

**SHORT COURSE SENIOR MEET SESSION 1  
FRIDAY FEBRUARY 24, 2012**

Warm-up 1:00 pm

Start 2:00 pm

Women's	SCY	Event	SCY	Men's
1	5:29.99	15 & Over 400 IM	5:19.99	2
3	:27.99	15 & Over 50 Free	:24.99	4
5	2:49.99	15 & Over 200 Fly	2:39.99	6
7	1:19.99	15 & Over 100 Breast	1:13.99	8
9	2:09.99	15 & Over 200 Free	1:59.99	10
11	1:08.99	15 & Over 100 Back	1:02.99	12
13	19:59.99	15 & Over 1650 Free	19:59.99	14

**SHORT COURSE SENIOR MEET SESSION 2  
SATURDAY FEBRUARY 25, 2012**

Warm-up 1:00 pm

Start 2:00 pm

Women's	SCY	Event	SCY	Men's
15	2:28.99	15 & Over 200 I.M.	2:17.99	16
17	59.99	15 & Over 100 Free	:53.99	18
19	2:31.99	15 & Over 200 Back	2:21.99	20
21	1:08.99	15 & Over 100 Fly	1:01.99	22
23	2:53.99	15 & Over 200 Breast	2:43.99	24
25	5:59.99	15 & Over 500 Free	5:49.99	26

**LONG COURSE SENIOR MEET SESSION 3**

Tentative Warm-up 2:00 pm

SUNDAY FEBRUARY 26, 2012

Tentative Start 3:00 pm

Women's	LCM	SCY	Event	LCM	SCY	Men's
27	1:02.99	:55.99	Open 100 Free	:57.99	:50.99	28
29	2:35.99	2:15.99	Open 200 Back	2:25.99	2:05.99	30
31	2:57.99	2:35.99	Open 200 Breast	2:44.79	2:22.99	32
33	2:35.99	2:16.99	Open 200 Fly	2:24.99	2:05.99	34
35	:29.99	:25.99	Open 50 Free	:26.99	:23.49	36
37	2:35.99	2:16.49	Open 200 IM	2:22.99	2:04.99	38
39	1:11.99	1:01.99	Open 100 Back	1:07.99	:57.09	40
41	4:49.00	5:22.99	Open 400 Free	4:32.79	5:01.69	42
43	1:22.99	1:11.99	Open 100 Breast	1:15.49	1:04.99	44
45	1:09.99	1:01.19	Open 100 Fly	1:03.99	56.09	46
47	2:17.99	2:00.99	Open 200 Free	2:06.99	1:51.49	48
49	5:28.99	4:49.99	Open 400 IM	5:07.79	4:28.99	50
51*	10:02.19	11:06.09	Open 800 Free	9:32.79	10:24.59	52*

**\*Distance Events will be combined at the discretion of the meet referee**

# CHECK LIST FOR THE COLORADO SENIOR MEET

This checklist is to help you with your entries. Have someone on your team double check for accuracy. This checklist must be signed by the coach and returned with the entries.

- \_\_\_\_\_ 1. All entries have been checked for accuracy. Swimmers name, team, USA number, time, age and event numbers are correct.
- \_\_\_\_\_ 2. Entry fees have been sent with entries and checked for accuracy.
- \_\_\_\_\_ 3. The CSI Meet Verification Form has been sent with the entries.
- \_\_\_\_\_ 4. The coaches' name and a phone number where he/she may be reached are included with the entries.

\_\_\_\_\_  
Coaches signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Coaches Name

\_\_\_\_\_  
Phone number

\_\_\_\_\_  
E-Mail

***COLORADO SWIMMING, INC***  
***MEET VERIFICATION FORM***

Club Name \_\_\_\_\_ Club Code \_\_\_\_\_

Coaches Name \_\_\_\_\_ Phone # \_\_\_\_\_

Address \_\_\_\_\_

E-mail address \_\_\_\_\_



I hereby certify that all swimmers and coaches listed on the CSI Master Entry Sheet or hard copy with disk/email entries for

\_\_\_\_\_ (Name of Meet)

to be held on \_\_\_\_\_ are current registered  
(Date)

members of Colorado Swimming/USA Swimming. All USA numbers are listed correctly and unless otherwise noted are not required to swim unattached due to the 120 day transfer rule.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Signature may not be photocopied)

Article 302.4 of the USA Swimming Rules and Regulations

**False Registration** – An LSC may impose a fine of up to \$100.00 per event against a member coach or a member club representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

Please use surface Lot 108.

Parking on residential streets surrounding the University is limited to one hour for non-residents, and violators risk fines and possible towing.

The City & County of Denver-Traffic Department will be issuing tickets.

Hilltoppers Swim Meet  
Participant Parking Lot 108



**LEGEND**

- |  |  |
|--|--|
| <b>1</b> Coors Fitness Center entrance | <b>5</b> Barton Lacrosse Stadium entrance    |
| <b>2</b> Joy Burns Arena entrance      | <b>6</b> Playing Fields entrance             |
| <b>3</b> Gymnastics entrance           | <b>7</b> Stapleton Tennis Pavillion entrance |
| <b>4</b> Hamilton Gymnasium entrance   | <b>P</b> Available Parking                   |
| <b>RTD</b> Light Rail Access           | Available Bike Racks                         |

**MEMBER PARKING (Lots 108, 401, L)**

Parking passes are distributed through each individual membership or program that you participate and will grant you access to designated lots. **If you park in Lot L, ONLY park on Level 1, which is one level above ground entrance.**

**\*VISITOR PARKING (Lot 403, Meter Parking)**

On your first visit to our facility, please utilize our metered visitor parking lots at the front of the Joy Burns Arena, or call for the visitor code in Lot 403.

# 2012 Silver State/Senior Meet

## Parking Instructions

Lot 108 has been designated for CSI Pioneer Open parking. Please keep your permit visible on your dashboard at all times.



**SWIM MEET  
CO SILVER STATE/  
CO SENIOR MEET**

**VALID ONLY:**

**LOT 108  
FEBRUARY 24-26, 2012**

### Event Parking Permit Restrictions

#### Please Read Carefully

1. This permit is for EVENT PARKING on the day of your athletic event, concert, and event at the Ritchie Center.
2. This permits **MUST** be displayed (on rear view mirror, facing out) at **ALL** times while on University property.
3. This permit is only valid in the designated event space.
4. Parking in driveways, walkways, fire lanes, unauthorized areas, or no parking zones is prohibited. Violators are subject to ticketing and towing.
5. Possession/display of this permit **DOES NOT** ensure availability of a parking space, but grants the privilege of parking in a specified area when space is available.
6. People/vehicles violating any of the University's parking regulations are subject to citations & the assessment of fines.
7. The University of Denver (Colorado Seminary) hereby declares itself **NOT** responsible for and assumes no liability arising from fire, theft, damage to or loss of vehicle, or any article left therein.
8. Acceptance of this permit constitutes acknowledgment by the permit holder that he/she has read & agrees to the above provisions.

Ritchie Center (303) 871-7588